

<u>Strands</u>	<b>Strand Units (2017/2018)</b>	<u>Strand Units (2018/2019)</u>
Myself	<ul style="list-style-type: none"> <li>➤ Self-Identity (September/October)</li> <li>➤ Taking care of my body (March/April)</li> <li>➤ Growing and Changing (May/June)</li> </ul>	<ul style="list-style-type: none"> <li>➤ Safety and protection (January/February)</li> <li>➤ Making decisions (3<sup>rd</sup> to 6<sup>th</sup> Class) (November/December)</li> </ul>
Myself and Others	<ul style="list-style-type: none"> <li>➤ Myself and my family (November/December)</li> </ul>	<ul style="list-style-type: none"> <li>➤ My friends and other people (September/October)</li> <li>➤ Relating to Others (March)</li> <li>➤ R.S.E. elements from strand units Taking Care of my body, &amp; Growing &amp; Changing. (See school plan) (May/June)</li> </ul>
Myself and the Wider World	<ul style="list-style-type: none"> <li>➤ Developing citizenship (January/February)</li> </ul>	<ul style="list-style-type: none"> <li>➤ Media Education (April)</li> </ul>

**Overview of Content for SPHE for 2017/2018/2019**